

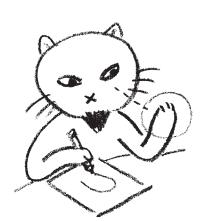
LESSON 1: DOODLE WARM-UP

Always begin drawing with a quick warm-up exercise. This one is super simple.

Start scribbling. Try make your squiggles look like . . .

hand(s)	a tree
o hawaa da	o do o
a tornado	a dog





LESSON 1: DOODLE EXERCISE

Blind contour drawing is a technique in which you draw the outline of a subject without looking at your page. For this exercise, doodle your non-drawing hand; eg. if you're left-handed, draw your right hand. Remember to look at the object you are drawing, and not your actual drawing. This will take practice as you will want to look at your paper. No peeking!

Rotate your hand into another position and draw it again. Repeat. Use the reverse side of this page or an extra sheet of paper, if needed.

DOODLE TIP: Pretend you are tracing your doodle subject with your pencil; follow the outline of your model hand with your eyes while allowing your drawing hand to follow with the pencil on the paper.